

The Horse's Foot

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Your horse mirrors what you think....think health!think happy!....think positive!
THINK him good everyday with your thoughts!

The
AMAZING
MUSHROOM



ORGANO GOLD

The Horse's Foot exists to help horses live healthy and happy domesticated lives. As my knowledge and experience and training have evolved, I've been introduced to an amazing herb that can help with this-The Reishi Mushroom! Take a moment and do your own quick research on this amazing herb. There are over 700 thousand research papers, studies, articles and videos on this amazing plant!! Another word for Reishi mushroom is Ganoderma. For thousands of years, practitioners of traditional Asian medicine have recognized Ganoderma lucidum as the highest ranked of all herbs found in the Chinese pharmacopoeia. The Chinese name for Ganoderma, Lingzhi, means "spiritual potency," while the Japanese name, Reishi, can be translated as the "King of Herbs."
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Learning from Dr. Regan Golob

I'm hooked on continuing education, committed to it for the rest of my days working with horses, so attending the Regan Golob two week class in Washington this fall was a must. Two full weeks of talking horses! Whoo hoo!! Boy, was I wrong...

WE SPENT TWO FULL WEEKS FEELING HEALTH!

Regan Golob works with and on horses regularly-has been a horseman since a small boy, but his message, his teachings, his work is about *feeling* and about *health*, in every species. We covered tons of topics; applied equine kinesiology, human structure and alignment, Bach flower essences, finding geopathic stress zones and blocking the same, cranial sacral work, pendulum, energy. Some was familiar, some brand new, but all of it was wonderful.
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Equine FootGuide is now **The Horse's Foot, Inc.**

**Yummy, Yummy in my
Horse's Tummy!**

Your horses LOVE the rose hips so now I'm offering two size bags...

½ pound bag for \$5 or

1 pound bag for \$10!

HAPPY, HEALTHY TREATS 
FOR YOUR HORSE!!

The Healthy Foot

How 'bout those bars? Do you know what their function is?
Does anyone?

YES!

The bars begin where the heel ends and continue until they terminate inside the foot. The bars ARE HOOF WALL and where they end is where the hoof wall ends. They have an inner layer and an outer layer and they make up one

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Dr. Regan's course continued....

The class was very focused on *feeling* and *healing*, learning to turn your brain off and other senses on. For someone scientific, analytical, research, task and goal oriented, and by nature skeptical, this was better, smarter and more convincing than any textbook or peer-reviewed study I've ever read. It's changed my life really. How I look at horses, dogs, the human body. My new awareness of where we've been and what's lead us to where we are....the way I look at current events like Ebola and common medical concerns like Lyme disease and skin issues and behavior- has all changed.

It's been several years now since I left the 'traditional' career path I was well entrenched in and dedicated my future to making my heart happy (my mission is to help horses live happy and healthy in domestication). Regan's class was a huge step forward and I am *running*, not walking, to the next level. Running forward and never looking back! Here's to your health!

MY NEW SERVICE OFFERINGS...

Effective immediately I'm now offering Applied Equine Kinesiology (AEK) aka muscle testing and Structural Rebalancing (SR) in addition to, and in conjunction with, Applied Equine Podiatry (AEP) services!

NEW AEK/SR CLIENTS-\$90

AEK/SR ADDED TO AEP APPOINTMENT-\$75

SPECIAL FOR my CURRENT, VALUED AEP CLIENTS:

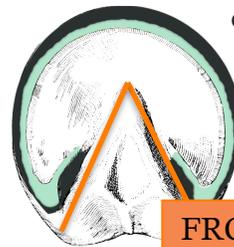
Applied Equine Kinesiology and Structural Rebalancing services added to your Equine Podiatry session for \$50/session until 1/31/15.

Appointments MUST be scheduled in advance (so I can plan accordingly). Thanks!

The BARS (continued)

side of the collateral groove (the side closest to the frog). The other side of the bar, the lateral side, is lined with collateral cartilage.

There are two functions of the bars. The first is to create the vehicle for stimulus to the inside structures of the foot. It does this by forming one side of the collateral groove with *is* the vehicle for stimulus. Stimulus is delivered to the inside structures by the collateral grooves when dirt is packed in them. The second function is to add stability to the frog stay. What is the frog stay? The frog stay is the "V" shaped structure that holds the frog. The purpose of the frog stay is to reduce torque on P3, so having a healthy, strong, well formed frog stay is very important and the bars are part of what makes it healthy, strong and well formed. By now you can see that if/when bars are not healthy, this



can lead to a chain reaction including weakened frog stay, lack of stimulus to inside structures and torque on P3.

Holy mackerel. Who knew?

GanodermaPlentiful in Documentation...

There are over 700 thousand papers, documents, studies, and articles of information on the power of Ganoderma. Free and easy to come by, search "Benefits of Ganoderma" at www.nih.gov (National Institute of Health), "Ganoderma and Diabetes" at www.pubmed.gov or "Dr. Oz/Ganoderma" and "Reishi" on YouTube!

Ganoderma for you!
Ganoderma for your horse!!
We have them both!!!

Content contained in this correspondence is the opinion of the author only. It is not intended to be, replace or remind you of veterinary advice. It is not intended to be recommendations to any specific individual horse. Each horse and each situation is unique. If you have concerns, illness or injury, or need medical advice or assistance, always contact your equine veterinarian. Always consult a veterinarian before making changes in your horse keeping.

Healthy Eating

This column is designed to introduce you to the Dynamite feeding program.... why I use it, distribute it and share it with anyone who will listen....

In my journey as a hoof care provider I've been forced (happily given the opportunity is more like it) to learn tons more about horses than just about the feet. This is because it didn't take long to figure out that everything else; teeth, diet, breed, conformation, turnout, environment, history, rider, tack, other practitioners, energy of everything, everything about the rider, worms, other therapies like massage, drinking water..everything, affected the feet and if I was going to be really good at feet, then knowing something about the 'else's' was a requirement.

After some time, I realized that of that big long list of influences (on the feet), diet was at the core. I searched and searched and after all was said and done I found two companies that resonated most with me; Biostar EQ and Dynamite.

Biostar EQ's (www.biostareq.com) basis is whole foods. Awesome. They are into seeds and sprouts and everything is high quality, non-GMO, studied ad nauseam. It's all healthy for your horse. I have the utmost respect for the formulator, Tiger Montague, and am in awe of the product line offerings. I'd recommend Biostar to anyone who wants the healthiest eating possible for their horse. The only problem for me came from my pocketbook-and the fact that three draft horses sure can eat!

I had to look for a more affordable solution; one I could afford but that was just as good for my boys' health and that's when I took a second look at Dynamite (I was originally introduced to Dynamite in 2008 but dismissed it because I was not liking their multi-level marketing strategy). This time I looked past the business and on to the products and company. I've done a ton of research; experimentation, listening and learning and I've put a ton of hours into it. Turns out that time were well spent as I've found lots of differentiators that tipped the scales for me. Here's the top handful...

- a) Dynamite uses chelated minerals-this is HUGE
- b) The Program's mentality, aka its philosophy, how it looks at nutrition in horses
- c) The company, its mission, founders, current leadership and support
- d) The prebiotic, DynaPro, is the best I've found and helps every horse who gets it
- e, f & g) They use cold processing, there isn't a chance of cross contamination and don't even ALLOW urea (or other poisons) on the premises

Since using and recommending Dynamite's PROGRAM to lots of horses (while I secretly experimented to satisfy my skeptical nature) I can honestly say that every single being's life has been improved. People, dogs, cats, and by far the most, horses. I am no longer skeptical. And that's why I am a Dynamite distributor. I want to spread the word. Being a Dynamite distributor, I have found, is the best way to learn about it, to use it to it's full advantage to feed my horses, to get the best pricing for my herd and it's a great way to help horses.

Questions? Comments?

Want to see something covered here?

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How are we doing?
Don't be shy! Let us know!

We'll change what we can or
explain why we can't.

The Horse's Foot exists to help
horses so please let us know
when we succeed and help us
get better when we don't.
(Plus the success stories keep us VERY
motivated!)